



GLEANN NA LAOI CODE OF BEHAVIOUR



COACHES, MENTORS & TRAINERS

All coaches, mentors and trainers (referred to hereafter as coaches) should ensure that young people and children benefit significantly from our games by promoting a positive, healthy and participatory approach in our work with underage players. Coaches should always remember that they are role models for the players in their care.

COACHES SHOULD LEAD BY EXAMPLE:

- Never use foul language or provocative language/gestures to a player, opponent or match official.
- Do not question a Referee's decisions or integrity.
- Encourage players to respect and accept the judgement of match officials.
- Promote Fair Play.
- Promote the RESPECT campaign.
- Encourage parents to become involved in your team and Club activities wherever possible.

CONDUCT OF COACHES WHEN WORKING WITH YOUNG PEOPLE

- Develop an appropriate working relationship with children based on mutual trust and respect.
 - Challenge Bullying in any form whether physical or emotional. Bullying is not acceptable behaviour be it from a young person, coach, parent/guardian, spectator or match official.
 - Don't shout at or lecture players or reprimand/ridicule them when they make a mistake.
- Children learn best through trial and error. Children and young people should not be afraid to risk error so as to learn.

BEST PRACTICE

- As a coach always be punctual and properly attired.
- Ensure that all of your players are suitably and safely attired to play their chosen sport. e.g. helmets, goggles (Handball), shin guards, mouthguards.
- Make adequate provision for First Aid services.
- Do not encourage or permit players to play while injured.
- Encourage parents/guardians to play an active role in organising and assisting various activities for your teams and your Club.

PARENTS/GUARDIANS

Parents/Guardians have an influential role to play in assisting and encouraging their children to fully participate in Gaelic Games, whether by playing our games or attending training or coaching sessions. The parents/guardians of underage players should act as role models for their children as they participate in Gaelic Games

PARENTS/GUARDIANS SHOULD LEAD BY EXAMPLE:

- Adopt a positive attitude to their children's participation in our games.
- Respect officials' decisions and encourage children to do likewise.
- Do not exert undue pressure on your child.
- Never admonish your own child or any other child for their standard of play.
- Show approval for effort, not just results.

PLAYERS

Players can benefit greatly from sports in terms of personal development and enjoyment. As part of their participation our players must be encouraged to realise that due to their participation in sport they also have a responsibility to treat others with fairness and respect. With rights there will always be responsibilities.

PLAYERS SHOULD ALWAYS;

- Play fairly, do their best and enjoy themselves.
- Respect fellow team members regardless of ability, cultural or ethnic origin, gender, sexual orientation or religion beliefs.
- Support fellow team members regardless of whether they do well or not.
- Represent their team, their Club and their family with pride and dignity.
- Respect all coaches, officials and their opponents.
- Be gracious in defeat and modest in victory.
- Shake hands before and after a game as part of the Give Respect Get Respect initiative, irrespective of the result.
- Inform their Coach/Mentor/Manager in advance if they are unavailable for training and games.
- Take due care of Club equipment.
- Know that it is acceptable to talk to the Club Children's Officer with any concerns or questions they may have.
- Adhere to acceptable standards of behavior and their Club's Code of Discipline.
- Tell somebody else if they or others have been harmed in any way

PLAYERS SHOULD NEVER:

- Cheat – always play by the rules.
- Shout at or argue with a game's official, with their Coach, their team mates or opponents and should never use violence.
- Use unfair or Bullying tactics to gain advantage or isolate other players.
- Tell lies about adults or other young people.
- Play or train if they feel unwell or are injured.
- Use unacceptable language or racial and/or sectarian references.

PARENTS/GUARDIANS (continued)

- Avoid asking a child or young person, 'How much did you score today?' or 'What did you win by?' or 'What did you lose by?' Ask them 'Did they enjoy themselves?'
- Never embarrass a child or use sarcastic remarks towards a player.
- Applaud good play from all teams.
- Do not criticise playing performances.

PARENTS/GUARDIANS SHOULD:

- Inform the coaches, and any other relevant Club personnel, of any changes in their child's medical or dietary requirements prior to coaching sessions, games or other activities.
- Ensure that their child punctually attends coaching sessions/games or other activities.
- Provide their child with adequate clothing and equipment as may be required for the playing of our games including helmets, shin guards, mouthguards etc.